

## Week 10 Coaching Plan – Focus: Playing a Full Game

**Game** – consolidating all skills and rules into a full game experience.

### 1. Introduction & Recap

- Recap Weeks 1–9: from basic delivery (line, stance, swing, weight) through to game play (rules, etiquette, measuring).
- Introduce today's focus: *playing a complete game with correct roles, responsibilities, and application of rules.*
- Emphasise: the coach will **support as needed**, but the priority is to let the game flow.

### 2. Coach Demonstration / Explanation

- Before starting the game, remind pupils of responsibilities:
  - Who puts down the mat?
  - Who keeps the scorecard?
  - Who gathers bowls at the end of an end (and where they are placed).
  - Who marks a toucher.
  - Who measures for shots and updates the scoreboard.
- Clarify positioning:
  - Placement of mat, bowls not in play, non-bowling players at mat end, skips at head end.
- Review key rules briefly:
  - Possession of the rink.
  - What counts as a toucher and how to mark it.
  - What happens if:
    - Mat is moved.
    - Jack is rolled into a ditch or out of bounds.
    - Jack is displaced into a ditch during play.
    - A bowl is outside the rink boundaries.
    - A bowl touches Jack, then falls into a ditch.
    - Shot cannot be decided.
  - How to check if the jack or bowl is within the rink boundary.

### 3. Player Activity 1 – Full Game Play

- Pupils split into 2 teams (pairs, triples, or fours depending on numbers).



- Play a proper game (e.g., 6–8 ends).
- Pupils apply all rules, roles, and etiquette.
- Coach steps in only when clarification is needed or to encourage correct procedures.

## 4. Player Activity 2 – Situational Learning

- As situations arise, pause briefly to highlight:
  - Correct ruling.
  - Correct etiquette.
  - Correct positioning or responsibility.
- Reinforce rules in context rather than a lecture format.

## 5. Wrap-Up & Reflection

- Ask pupils: “Which parts of the game rules felt most challenging?” “What was easiest to remember?”
- Reinforce:
  - Bowls is about consistency, etiquette, and applying rules fairly.
  - Playing the full game is the best way to bring together all the skills learned.
- Encourage pupils to continue playing and practising beyond the coaching programme.

## Outcomes (refined)

By the end of the session, the pupil should:

- Demonstrate a basic understanding of how to play a game.
- Apply etiquette consistently throughout play.
- Show awareness of team roles and responsibilities.
- Apply key rules in real game situations (mat, jack, bowls, touchers, rink boundaries).

## Coach's Observation Checklist

### Week 10 – Playing a Full Game

- Demonstrates correct responsibility for mat, score card, gathering bowls, marking touchers, and measuring.
- Applies etiquette (respect, positioning, stillness, fairness) consistently.
- Understands possession of the rink and applies it correctly.
- Handles situations correctly: jack in ditch, jack out of bounds, mat displaced, bowl out of rink, toucher in ditch, undecided shots.
- Places mat, bowls, and players correctly at both ends of the rink.



- Shows developing confidence in applying rules during full play.

