

Coaching Sessions at Whiteknights IBC: Week 10

Theme: Game

Lesson

Put into practice how to play a full game, focusing on:

- Roles and responsibilities
- Etiquette
- Key rules and rulings in match play

Exercise

- **Introduction & Recap**
 - Quick recap of Weeks 1–9 (delivery → rules → practice games).
 - Emphasise today's goal: playing a full game with roles, rules, and etiquette.
- **Coach Explanation / Reminders**
 - Who is responsible for:
 - Placing the mat
 - Keeping the scorecard
 - Gathering bowls at the end of an end (and where they are placed)
 - Marking a toucher
 - Measuring shots and updating the scoreboard
 - Clarify positioning:
 - Where the mat can be placed
 - Where un-bowled bowls are kept
 - Where non-bowling players stand at the mat end
 - Where skips stand at the head end
 - Key rules to watch:
 - Possession of the rink
 - Touchers (when/how to mark)
 - Situations: mat displaced, jack in ditch, jack out of bounds, bowls outside rink, undecided shots, toucher in ditch
 - Checking jack/bowl inside rink boundaries
- **Full Game Play**

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- Pupils split into 2 teams (pairs, triples, or fours).
- Play a full game (e.g., 6–8 ends).
- Coach supports only when rules or roles need clarifying, keeping the game flowing.
- **Situational Learning**
 - Use real incidents in the game to highlight correct rulings and etiquette.
 - Keep interventions short and practical.

Rules and Other Info

- Focus on playing the game, not correcting delivery technique.
- Take every opportunity to reinforce etiquette, fair play, and consistency.
- Practice = purpose → avoid aimless repetition.

Outcomes

By the end of the session, pupils should:

- Demonstrate a **basic understanding of how to play a full game**.
- Apply etiquette consistently.
- Understand and apply **team roles and responsibilities**.
- Apply **key rules** in real game situations.
- Show growing confidence in playing independently.

General Notes

- In all exercises, pupils should deliver **2 consecutive bowls** (forehand & backhand) to allow corrections or replication.
- Keep games to short-medium lengths (~27m) at first; extend as confidence builds.

