

BERKSHIRE BOWLS COACHING SCHEME

Measuring Equipment and Procedures

Reusable player and coach reference

Core Sequence

Step	Action
1	Identify the bowls and keep others clear.
2	Choose the simplest suitable equipment.
3	Measure the distance from the nearest bowl point to the nearest jack point.
4	Support equipment so nothing moves.
5	Repeat if needed and announce the result clearly.
6	If access is blocked, preserve the head and use an alternative method.

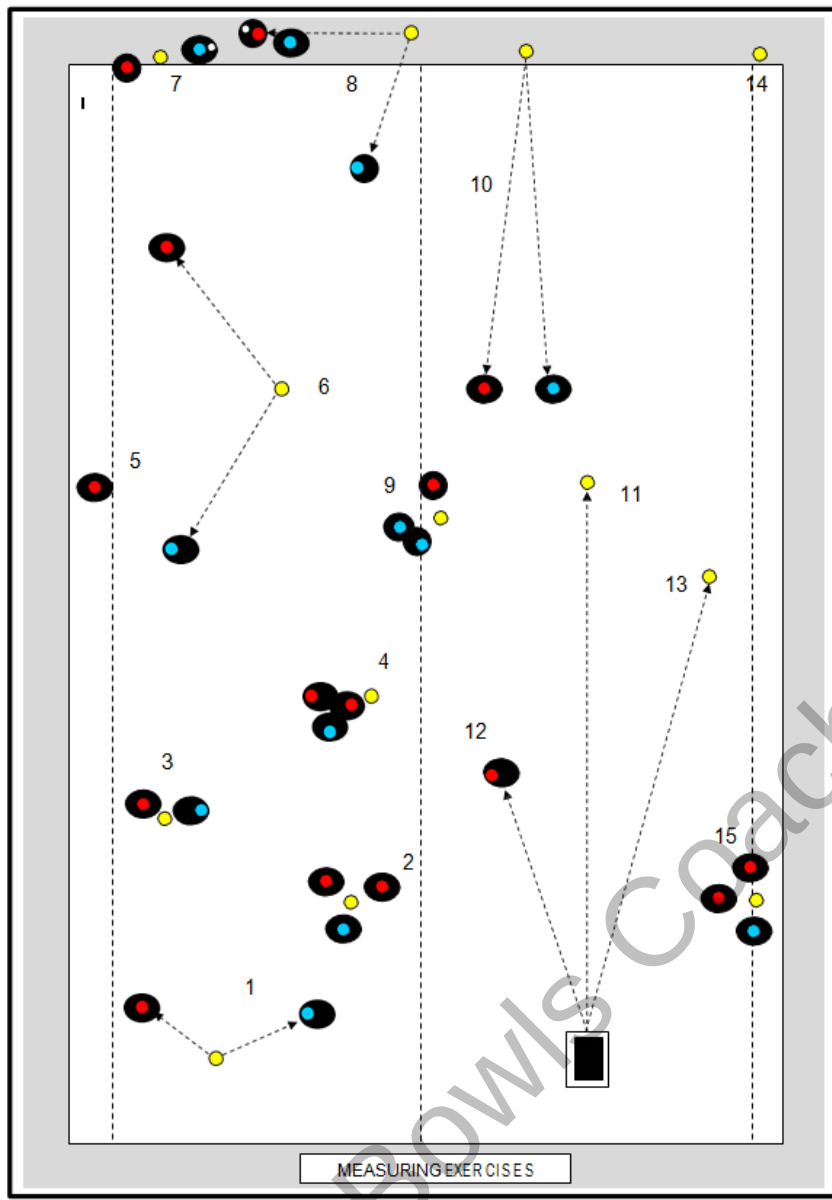
Essential Practice Stations

No.	Situation	Set-up
1	Standard	About 80 cm from jack; one bowl tilted.
2	Callipers	About 10-15 cm; add third bowl for difficulty.
3	Feeler gauge	As close as possible without touching.
4	Obstructed	Second bowls block direct access.
5	Boundary bowl	Bowl just over boundary; no string initially.
6	Arm-length	About 120-180 cm from jack.

Good Habits

- One person measures; everyone else stands clear.
- Do not remove a bowl until its status is settled.
- Keep equipment, clothing and footwear clear of the head.
- Separate a distance question from a live/dead or boundary decision.

Full Measurement Exercise Layout



Advanced Stations

7. Toucher and jack in ditch; opposing bowl overhangs ditch.
8. Ditch measure with an obstructing bowl.
9. Boundary bowls; one rests on a dead bowl.
10. Long measure from jack in ditch.
11. Challenged jack length, just over 23 m.
12. Challenged bowl length, under 14 m.
13. Rebounded jack, just over 20 m.
14. Jack in ditch on boundary line.
15. Obscured jack and bowls on boundary line.

Using the Layout

The original diagram provides 15 situations. Select only those suitable for the players, available time and purpose of the session. Start with stations 1-6, then add distance, obstruction, ditch and boundary complexity.

Player Self-Check

- Did I choose suitable equipment?
- Did I compare the nearest points?
- Did I protect the head?
- Can I state the result clearly and explain any rule issue separately?

COACHING REMINDER: Begin simply, then increase obstruction, distance and rule complexity as confidence develops.