

BERKSHIRE BOWLS COACHING SCHEME

Exercise Sheet: Draw the Shot

Reusable pressure-draw and head-reading exercise

PURPOSE

Develop the ability to identify and execute the draw when under scoreboard pressure in a crowded head.

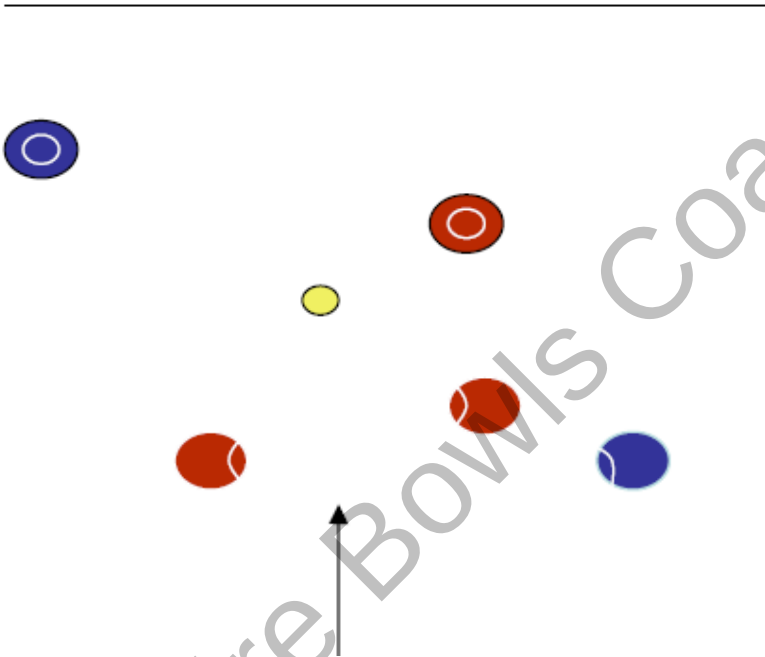
LEVEL

Beginner to improver

EQUIPMENT

Mat, jack, bowls and markers as required

Ditch



SET-UP

Set up the head shown in the original diagram. Vary the distance from the jack to suit the player's skill. It is the last end: the player is three shots down and needs one shot to win.

PLAYER TASK

Discuss the head, nominate the preferred draw route and intended finishing area, then deliver the shot. Opposing bowls are red. Use draw weight only.

Coach Explanation and Demonstration

- Ask the player to read the head before stepping onto the mat.
- Confirm the preferred hand, aiming line and bowl finish.
- Emphasise that only one shot is required; the bowl need only beat the nearest opposing bowl.
- Keep the focus on line and length rather than the pressure of the score.
- Allow two consecutive bowls so the player can correct or repeat.

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Common Faults and Brief Corrections

Observation	Coach correction
Player attempts an unnecessary weighted shot	Return to the task: one shot is required, so identify the draw route.
Bowl finishes short	Move the intended finishing point into or beyond the scoring area.
Clips an outside bowl	Review whether the other hand offers a clearer route.
Changes plan during delivery	Nominate the shot and commit before stepping onto the mat.

Progression and Variation

- Make it easier: open the head or shorten the distance.
- Standard: three shots down, one shot required to win.
- Make it harder: narrow the available route, increase the distance or allow only one attempt.

Success Indicators

- Reads the head and identifies a draw route.
- States the intended finishing area before delivery.
- Reaches a scoring or useful position.
- Maintains normal delivery under score pressure.

Game Application

Use as a final-end challenge to reinforce that the draw remains the foundation shot even in a difficult head.

GOLDEN RULE Never miss an opportunity to correct a delivery or explain how the intended shot can be achieved.