

BERKSHIRE BOWLS COACHING SCHEME

Player Development Review

Recognise progress, identify priorities and agree the next step

PURPOSE OF THIS REVIEW

Use this review after the final game to reflect on what has improved during Coaching Part 2, identify the skills that need further practice and agree a realistic personal development plan.

Player Details

Player name:

Date:

Coach:

Club / venue:

1. My Progress During the Course

Skill area	My current confidence	Evidence or example
Line and length	☐ Developing ☐ Improving ☐ Confident	
Using Bowl 1 to improve Bowl 2	☐ Developing ☐ Improving ☐ Confident	
Aiming line and target control	☐ Developing ☐ Improving ☐ Confident	
Reading a simple head	☐ Developing ☐ Improving ☐ Confident	
Controlled weight and contact	☐ Developing ☐ Improving ☐ Confident	
Communication and hand signals	☐ Developing ☐ Improving ☐ Confident	
Measuring and game procedures	☐ Developing ☐ Improving ☐ Confident	

2. My Strongest Areas

The skill or habit I have improved most:

An example from practice or the final game:

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3. My Main Development Priorities

Priority	What I need to improve	How I will practise it
1		
2		
3		

4. My Personal Practice Plan

Practice focus	Exercise or activity	How often	How I will know it is improving

5. My Game Routine to Carry Forward

READ	CHOOSE	DELIVER	REVIEW
Who holds shot? What does the score require?	Name the hand, target and intended finish.	Use the normal routine and commit to the bowl.	Identify one fact and one adjustment.

6. Agreed Next Steps

My immediate next step:

Support or guidance I need:

My longer-term goal:

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Final Review

Player's final comment:

Coach's final comment:

Player signature:

Coach signature:

KEY POINT: Development continues after the course. Keep one clear strength, practise one priority and review progress regularly.