

Coaching Part 2 — Week 11 Pupil Lesson Plan

Final Game and Player Development Review

THIS WEEK	Apply the course skills	MAIN IDEA	Play with independence	REVIEW	Strength and next step
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1. Purpose of the Lesson

Week 10 provided guided consolidation. In this final lesson, you will take greater responsibility for decisions, communication and normal game procedures, then complete a Player Development Review with your coach.

2. What You Will Apply

- A consistent delivery and use of information from the previous bowl whenever the game format and order of play allow.
- Line, length, positive weight and controlled contact.
- Reading the head and choosing a realistic shot.
- Clear communication, hand signals and team-role responsibilities.
- Scorecard use, measuring and normal game procedures.
- Reviewing your progress and planning the next stage of practice.

3. Your Game Routine

READ	STATE AND CHOOSE	DELIVER	REVIEW
Who holds shot? What does the score require? What danger or opportunity is present?	State the required result. Choose the shot, hand, target, intended finish and minimum weight. Identify the main risk where relevant.	Use your normal routine and commit to the chosen bowl.	Separate decision quality from delivery execution. Review decision, line, length, contact, weight or delivery and make one adjustment.

4. During the Final Game

- Complete the duties of your allocated role, including maintaining the scorecard and running total where required.
- Use normal procedures for the mat, jack, order of play and scoring. When measuring is needed, use the correct equipment and follow the Week 5 measuring procedure.
- Give clear, factual information and positive support.
- Choose a shot that matches the score, head and your current ability.
- Do not attempt more than the score requires.
- Ask for clarification when you are unsure, then take responsibility for the decision.

5. What Your Coach Will Observe

Area	What good progress may look like
Delivery	A stable, recognisable routine on both hands and under different weights.
Decision	A clear shot that matches the score and head.
Correction	Using information from the previous bowl to make one purposeful change whenever the format allows.
Communication	Short, useful information and positive team behaviour.
Procedures	Greater confidence with scoring, measuring and normal play.

6. Final-End Challenge

Your coach may set a final score situation. Before delivery, state: Score requirement → Required result → Chosen option → Hand and target → Intended finish → Main risk. After delivery, review decision quality and delivery execution separately.

7. Player Development Review

- Identify the skill or habit that has improved most.
- Give an example from practice or the final game.
- Choose one main development priority.
- Agree how you will practise it.
- Decide how you will know that it is improving.
- Record the next support or coaching step you need.

8. Your Final Self-Check

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| ☐ Did I read the score and head before choosing the shot? | ☐ Did I know the intended finishing position? |
| ☐ Did I use my normal delivery routine? | ☐ Did my communication help the game flow? |
| ☐ Did I complete my practical duties? | ☐ Could I explain one strength and one priority? |

The table below is a brief lesson summary. The Player Development Review handout is the formal record of your progress and agreed next actions.

9. My Next-Step Plan

My strongest course skill:	
My main development priority:	
The exercise or practice I will use:	
I will review my progress on:	

10. Continuing After the Course

- Practise with a clear purpose rather than simply delivering large numbers of bowls.
- Use pairs of bowls so Bowl 1 informs Bowl 2.
- Revisit the exercise sheet or handout linked to your main priority.
- Apply the Read → State the required result → Choose the shot, hand and target → Deliver → Review routine during normal games.
- Ask your coach or club for support when you need a new progression or technical check.
- Review your Player Development Review after a period of practice.

YOUR KEY MESSAGE: Recognise your progress, keep one clear strength, practise one priority and continue to review what each bowl tells you.