

BERKSHIRE BOWLS COACHING SCHEME

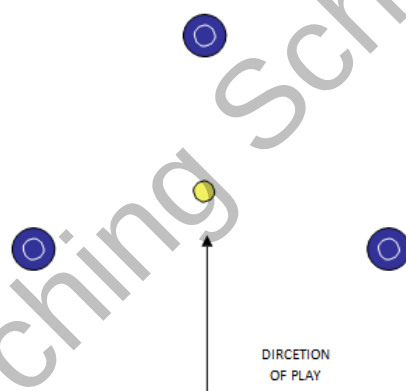
HALF DIAMOND

Develop draw line, length and a useful finishing position

WHAT THIS EXERCISE DEVELOPS	Improve your draw shot by using the front bowls to show the route into the head and the rear bowl to show depth.
YOU WILL NEED	Mat, jack and three object bowls.

Set-Up

1. Place two front bowls 1 metre either side of the centre line.
2. Place the jack 30 cm behind the front bowls on the centre line.
3. Place the rear bowl 1 metre behind the jack on the centre line.
4. Begin at a short-to-medium length.



Your Task

Use draw weight only. Deliver two consecutive bowls on the same hand, then repeat on the other hand. Your bowl should travel inside the two front bowls and finish closer than the nearest object bowl.

BEFORE YOU BOWL	BOWL 1 -> REVIEW -> BOWL 2
• Which hand gives the clearest route? • What is my aiming point? • Where do I want the bowl to finish?	• Bowl 1 gives you information. • Decide: mainly line or length? • Make one clear correction - or repeat a successful bowl.

What to Look For

- The front bowls show the useful channel - they are guides, not targets.
- Look beyond the front bowls to your intended finishing area.
- Let the bowl follow its natural curved draw path; do not try to force it straight.
- Use the rear bowl to help you judge depth in the head.

If It Is Not Working

Bowl finishes short	Move your attention to a finishing point in or beyond the head.
Bowl clips a front bowl	Try a slightly wider aiming line and keep the same intended finish.

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You try to force the bowl straight		Reset your aiming point and allow the bowl to take its natural draw.
Bowl passes through but finishes long		Keep the successful line and reduce only the length.
SUCCESS Your bowl enters inside the front bowls, reaches the head and Bowl 2 shows a purposeful correction or repeat.	PRACTISE IT YOURSELF Practise both hands. Make it easier by widening the front bowls or shortening the jack. Make it harder by narrowing the channel slightly or increasing the distance.	GAME CHALLENGE Imagine it is the final end and you need one shot. Choose the hand, name your finishing area and deliver a good second bowl.
KEY MESSAGE: Find the route, picture the finish, and use Bowl 2 to act on what Bowl 1 tells you.		