

BERKSHIRE BOWLS COACHING SCHEME

Diamond

Use visible bowls to judge line and length when the jack is hidden

WHAT THIS EXERCISE

DEVELOPS

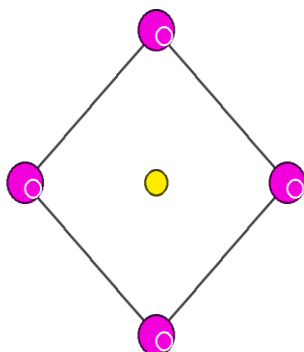
Using surrounding bowls as references to choose a route, control length and find a useful finish.

LEVEL

Beginner to improver

EQUIPMENT

Mat, jack and four object bowls



SET-UP

Place four bowls in a diamond about 3 metres apart, with the jack in the centre. Position the front bowl so that it hides the jack from the mat. The two side bowls give you visible guides to the required length.

YOUR TASK

Imagine the opposition holds four shots. Choose the best route and use a draw or controlled Wrest Out shot to beat the nearest bowl. Deliver two consecutive bowls, then practise on the other hand.

Before You Bowl

- What is the actual job - which bowl or area must I beat?
- Which hand gives me the clearest route?
- What do the side bowls tell me about the required length?
- Where do I want my bowl to finish?

BOWL 1	REVIEW	BOWL 2
State the hand, route and intended finish, then deliver.	Was the main issue line, length, weight or choice?	Make one clear adjustment or deliberately repeat a good first bowl.

If It Is Not Working

You stop short of the front bowl	Look to the side-bowl length or a finishing point beyond the blocker.
You keep crossing into the front bowl	Widen the aiming line while keeping the intended finishing weight.
You are guessing because the jack is hidden	Use the two side bowls as your length references and name the finish.
You are using too much weight	Return to draw or controlled Wrest Out weight - this is not a firing exercise.

Success Looks Like

- You use the side bowls as length references.
- You state the route and intended finish before delivery.
- Your bowl reaches a useful scoring or resting position.
- You can explain why you preferred one hand.

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PRACTISE IT YOURSELF: Start with a wider diamond and a shorter jack. As you improve, narrow or offset the diamond, increase the distance, or use a final-end challenge where one shot is needed to win.

KEY MESSAGE: When the jack is hidden, use the bowls you can see as information. Choose the route, name the finish and commit.

Berkshire Bowls Coaching Scheme