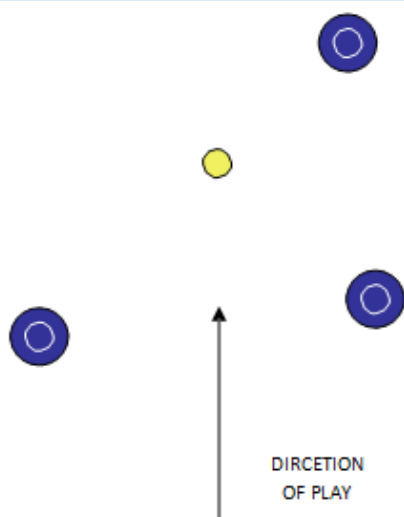


BERKSHIRE BOWLS COACHING SCHEME

Small Head - 3 Bowls

Read the head, choose the job and play one clear shot

WHAT THIS EXERCISE DEVELOPS	LEVEL	EQUIPMENT
Head reading and choosing a realistic shot.	Beginner to improver	Mat, jack and three object bowls



SET-UP

Place three opposing bowls around the jack. Keep beginners at least 1 metre apart and use a short-to-medium jack.

GAME SITUATION

Last end. You need one shot to win.

YOUR TASK

Read the head, choose the preferred shot and deliver two bowls. Bowl 1 gives information; Bowl 2 corrects or repeats.

Before You Bowl

- Who holds shot, and which bowl must I beat?
- What does the score require? One shot is enough.
- Which realistic option is best: Draw, Resting, Wrest Out, Yard On or Trail the Jack?
- Which hand gives the clearest route, and where should the bowl finish?

BOWL 1	REVIEW	BOWL 2
State the shot, hand and intended finish.	Was it mainly line, weight, delivery or choice?	Make one clear adjustment or repeat.

If It Is Not Working

Focused only on the jack

Identify the nearest bowl to beat and a useful winning finish.

No clear plan

Name the hand, target and intended result before stepping onto the mat.

Too much weight

Use the least weight needed for the chosen outcome.

Short or changing your mind

Choose a positive finish; if unsure, step off and recommit.

BERKSHIRE BOWLS COACHING SCHEME

Success Looks Like

- You identify who holds shot and what the bowl must achieve.
- You name a realistic option and intended finishing area.
- Your bowl reaches the head with useful weight.
- Bowl 2 shows a purposeful correction or repeat.
- You can explain whether the result was mainly line, weight or shot choice.

PRACTISE IT YOURSELF: Start with wide spacing and a shorter jack. Progress by narrowing gaps, varying bowl positions, increasing distance or changing the score requirement.

KEY MESSAGE: Read the position, identify the job, choose the simplest realistic shot and commit.